

PRESIDENTS

ANTONIO BRASCHI
GUIDO FANELLI

SCIENTIFIC COMMITTEE

MICHAEL R. CLARK
JOSÉ DE ANDRÉS
PABLO INGELMO
MASSIMO ALLEGRI

SCIENTIFIC ORGANIZING

DARIO BUGADA
MANUELA DE GREGORI
CRISTINA E. MINELLA

2013 SIMPAR

STUDY IN MULTIDISCIPLINARY PAIN RESEARCH

25TH MEETING

PAVIA, MARCH 22-23 2013

Università degli Studi di Pavia

ACUTE AND CHRONIC PAIN

Where we are and where we have to go.

From bench to bedside



SIMPAR (Study in Multidisciplinary PAin Research) meeting represents a congress focused on acute and chronic pain therapy, whose main purpose is to increase the knowledge of basic research and clinical practice about this very important syndrome. Hence, with the presence of some of the most known scientists on this topic we would enforce the international sharing of experience and knowledge, creating common directions in pain management and research. The meeting purpose is to link bench to bedside and to optimize pharmacological and interventional therapies toward evidence based management of the fifth vital sign.

This feature will be reinforced in this fifth edition, in which with the contribution of some of the most known and important scientists in this field, we will discuss the “hot topics” that should help researchers and clinicians in succeeding to reach our goal: a even more personalized and effective pain therapy: New Pain perspectives focusing on the most appealing research trends in pain. We will discuss about optogenetic (a new technology to understand better pain mechanisms), research on hyperalgesia (discussing its pathophysiology and clinical implication) and new interventional pain management (discussing how nanotechnolgy could become the “new era” of pain therapy).

Opioids. Evidence based prediction for opioid use: bench and clinic, in order to deepen the knowledge of these analgesics by a multidisciplinary approach. The main purpose is to give to basic scientists new inputs for their researches and to clinicians a new approach in order to better manage these drugs improving their efficacy and minimizing side effects.

Chronic pain: From bench to diagnosis to treatment, focusing on different types of pain stressing and on which drugs and interventional treatments are more validated. The main purpose is to give to clinicians diagnostic and therapeutical “weapons”.

Regional anesthesia and analgesia: beyond pain control outcomes in order to understand the role of regional anesthesia and analgesia beyond pain management, in terms of improvement of patient outcome and quality of life focalizing our attention also on new therapeutical protocols (as NONA technique) or regional anesthesia techniques (as intrawound catheters and TAP blocks). The main purpose is to enforce the idea that Regional Anesthesia is not simply a technique to control pain but a perioperative technique to obtain a better patient recovery and outcome and to reduce chronic postoperative pain.

We hope that you will enjoy the meeting and we are looking forward to seeing you in Pavia!

FACULTY

ALLEGRI MASSIMO

University of Pavia-Fondazione IRCCS Policlinico San Matteo, Pavia, Italy.

AMATO FRANCESCO

Cosenza Hospital, Cosenza, Italy.

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Universitaetsklinikum Schleswig-Holstein, Kiel, Germany.

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BENZON HONORIO

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Fondazione IRCCS Policlinico San Matteo, Pavia, Italy.

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CATA JUAN PABLO

The University of Texas-MD Anderson Cancer Center, Houston, TX, USA.

CERVERO FERNANDO

McGill University, Montreal, Canada.

CLARK MICHAEL R.

The Johns Hopkins Medical Institutions, Baltimore, USA.

CRUCCU GIORGIO

University La Sapienza, Rome, Italy.

CURATOLO MICHELE

University of Bern, Switzerland.

DANELLI GIORGIO

Istituti Ospitalieri di Cremona, Cremona, Italy.

DE ANDRÉS JOSÉ

Valencia School of Medicine-Valencia General University Hospital, Valencia, Spain.

DE GREGORI MANUELA

Fondazione IRCCS Policlinico San Matteo, Pavia, Italy.

DE GREGORI SIMONA

Fondazione IRCCS Policlinico San Matteo, Pavia, Italy.

DESMEULES JULES

Geneva University Hospitals, Geneva University, Switzerland.

DIATCHENKO LUDA

University of North Carolina, Chapel Hill, North Carolina, USA.

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Istituti Ospitalieri di Cremona, Cremona, Italy.

FANELLI GUIDO

University of Parma, Italy.

FILLINGIM ROGER B.

University of Florida, Gainesville, Florida, USA.

FINI MASSIMO

San Raffaele La Pisana - Roma, Italy.

GHARIBO CHRISTOPHER

Johns Hopkins University, Baltimore, USA.

GOTTUMUKKALA VIJAYA

The University of Texas MD Anderson Cancer Center, Houston, USA.

FACULTY

GRACELY RICHARD H.

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IRCCS Policlinico San Donato, Milan, Italy.

HUNTOON MARG

Vanderbilt University Medical Center, Nashville, USA.

HURSCHMAN ALAN B.

Plaza Medical Center Fort Worth Texas and Health South Rehabilitation Hospital Fort Worth, Texas, USA.

INGELMO PABLO

San Gerardo Hospital, Monza, Italy.

KLEPSTAD PAL

Norwegian University of Science and Technology, Trondheim, Norway.

LAVAND'HOMME PATRICIA

St Luc Hospital UCL Medical School, Brussels, Belgium.

LINDEROTH BENGT

Karolinska University Hospital-Karolinska Institutet, Stockholm, Sweden.

MAIXNER WILLIAM

University of North Carolina at Chapel Hill, North Carolina, USA.

MARIANO EDWARD R.

Stanford University School of Medicine; VA Palo Alto Health Care System, California, USA

MELOTTI RITA

University of Bologna, Italy.

MINELLA CRISTINA E.

Fondazione IRCCS Policlinico San Matteo, Pavia, Italy.

MOGIL JEFFREY

McGill University, Montreal, Canada.

PENG PHILIP

Toronto Western Hospital, University Health Network, University of Toronto, Ontario, Canada.

PERGOLIZZI JOSEPH

Johns Hopkins University, Baltimore, USA.

PUIG MARGARITA

Hospital del Mar, Universidad Autonoma, Barcelona, Spain.

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Temple University School of Pharmacy, Philadelphia, USA.

RAFFAELI WILLIAM

Fondazione ISAL University Hospital Parma, Italy.

SCHMIDT WILLIAM

CG Pharmaceuticals, Emeryville, CA, USA.

SCHUMACHER MARK

UCSF School of Medicine and medical Center San Francisco, USA.

STEIN CHRISTOPH

Charité Campus Benjamin Franklin, Berlin, Germany.

TASCIOTTI ENNIO

The Methodist Hospital Research Institute, Houston, USA.

TAYLOR ROBERT

NEMA Research, Inc., Naples, Florida, USA.

URMEY WILLIAM

Hospital for Special Surgery, Weill Medical College of Cornell University, New York, USA.

VAN BUYTEN J. PIERRE

AZ Nikolaas, Sint Niklaas, Belgium.

PRESIDENTS

MORNING

CHAIRMEN

9.30 - 10.00

10.00 - 10.30

10.30 - 11.00

11.00 - 11.30

OPIOIDS MEDICAL WORKSHOP
EVIDENCE BASED PREDICTION FOR
OPIOID USE: BENCH AND CLINIC

MANUELA DE GREGORI, LUDA DIATCHENKO,
INNA BELFER

LUDA DIATCHENKO, MANUELA DE GREGORI

JEFFREY MOGIL

How animal model could teach us opioid activity and its genetic variability response

RICHARD H. GRACELY

Endogenous opioid system driven placebo

LUDA DIATCHENKO

Genetic Architecture of mu-Opioid Gene Locus and Responses to Opioids

COFFEE BREAK SESSION

JEAN PIERRE VAN BUYTEN

Peripheral Nerve Stimulation of the Occipital Nerves,
A Proven Technology with Significant Advantages.



LATE MORNING

CHAIRMEN

11.30 - 12.00

12.00 - 12.30

12.30 - 1.00

MICHELE CURATOLO, INNA BELFER

CHRISTOPH STEIN

Peripherally acting opioids and clinical implications for pain control

PAL KLEPSTAD

Pharmacokinetics of opioids

ROGER B. FILLINGIM

Male and female: differences in opioid response and pain perception

13.00 - 14.15

LUNCH SESSION

MARIA ELENA CLARA

Anestesia e Rianimazione 3

A.O. Città della Salute e della Scienza di Torino

Post Operative Analgesia Customization in Major General Surgery.
Technology to Support the Clinical Practice.



AFTERNOON

CHAIRMEN

14.15 - 14.45

14.45 - 15.15

15.15 - 15.45

15.45 - 16.15

16.30 - 17.30

MODERATORS

Poster 1-12

Poster 13-23

WILLIAM RAFFAELI, PAL KLEPSTAD

RALF BARON

Tapentadol: two mechanisms of action:
a new pharmacological class on the horizon?

MASSIMO ALLEGRI

Oxycodone and naloxone: a new combination for a
better pain control

WILLIAM MAIXNER

Theory of opioid tolerance

JULES DESMEULES

Opioid rotation from theory to practice

POSTER DISCUSSION

JUAN PABLO CATA, MANUELA DE GREGORI
PAOLO GROSSI

MICHAEL R. CLARK, JOSÉ DE ANDRÉS
CRISTINA E. MINELLA

FRIDAY 22 MARCH 2013
WORKSHOP DAY

PRESIDENTS

MORNING

CHAIRMEN

9.30 - 10.00

10.00 - 10.30

10.30 - 11.00

11.00 - 11.30

CHRONIC PAIN MEDICAL WORKSHOP
FROM BENCH TO DIAGNOSIS TO TREATMENT

CRISTINA ERMANNA MINELLA, ROBERT TAYLOR

CHRISTOPHER GHARIBO, MICHAEL R. CLARK

CHRISTOPHER GHARIBO

Chronic pain: several underlying mechanisms that need multimodal approaches

GIORGIO CRUCCU

Neuropathic pain: a challenging entity with complex mechanisms

ROBERT B. RAFFA

Drug-drug combinations in the management of chronic pain

COFFEE BREAK SESSION

JEAN PIERRE VAN BUYTEN

Peripheral Nerve Stimulation of the Occipital Nerves,
A Proven Technology with Significant Advantages.



LATE MORNING

CHAIRMEN

11.30 - 12.00

12.00 - 12.30

12.30 - 13.00

MARK SCHUMACHER
CRISTINA ERMANNA MINELLA

WILLIAM SCHMIDT

NSAID's and acetaminophen: which role in chronic pain management?

CHRISTOPHER GHARIBO

Breakthrough Pain: how to effectively treat. New old drugs with different pharmacokinetic approaches

RALF BARON

Localized neuropathic pain and topical therapeutical approach

FRIDAY 22 MARCH 2013
WORKSHOP DAY

13.00 - 14.15

LUNCH SESSION

MARIA ELENA CLARA

Anestesia e Rianimazione 3

A.O. Città della Salute e della Scienza di Torino

Post Operative Analgesia Customization in Major General Surgery.
Technology to Support the Clinical Practice.

smiths medical
bringing technology to life

AFTERNOON

CHAIRMEN

14.15 - 14.45

14.45 - 15.15

15.15 - 15.45

15.45 - 16.15

16.30 - 17.30

MODERATORS

Poster 1-12

Poster 13-23

PHILIP PENG, FRANCESCO AMATO

ALAN B. HURSCHMAN

Practical overview of interventional pain management techniques:
"What the everyday interventionist needs to know."

HONORIO BENZON

Radiofrequency in interventional pain management techniques:
which is the evidence?

JEAN PIERRE VAN BUYTEN

Spinal cord stimulation and new neuromodulation algorithms
to pain

BENGT LINDEROTH

Pharmacological enhancement of spinal stimulation

POSTER DISCUSSION

JUAN PABLO CATA, MANUELA DE GREGORI
PAOLO GROSSI

MICHAEL R. CLARK, JOSÉ DE ANDRÉS
CRISTINA E. MINELLA

PRESIDENTS

MORNING

CHAIRMEN

9.30 - 10.00

10.00 - 10.30

10.30 - 11.00

11.00 - 11.30

**REGIONAL ANESTHESIA AND
ANALGESIA MEDICAL WORKSHOP
BEYOND PAIN CONTROL OUTCOMES**

DARIO BUGADA, JUAN PABLO CATA

REGIONAL ANESTHESIA AND OUTCOME

DARIO BUGADA, EDWARD R. MARIANO

MARC HUNTOON
Regional Anesthesia: Why must I choose it?

JUAN PABLO CATA
Regional anesthesia-analgesia and immunological effects

JUAN PABLO CATA
Regional anesthesia and cancer recurrence.
Is there any clinical evidence?

COFFEE BREAK SESSION

JEAN PIERRE VAN BUYTEN
Peripheral Nerve Stimulation of the Occipital Nerves,
A Proven Technology with Significant Advantages.



LATE MORNING

CHAIRMEN

11.30 - 12.00

12.00 - 12.30

12.30 - 13.00

PATRICIA LAVAND'HOMME, GIORGIO DANELLI

FRANCO CARLI
Role of regional anesthesia in fast track surgery. Beyond the pain

EDWARD MARIANO
Ultrasound block in regional anesthesia: what is the evidence?

VIJAYA GOTTUMUKKALA
NONA technique: rational, results and perspectives

13.00 - 14.15

LUNCH SESSION

MARIA ELENA CLARA
Anestesia e Rianimazione 3
A.O. Città della Salute e della Scienza di Torino
Post Operative Analgesia Customization in Major General Surgery.
Technology to Support the Clinical Practice.



**REGIONAL ANESTHESIA AND
ANALGESIA: TOO MANY TECHNIQUES,
DIFFERENT OUTCOMES**

AFTERNOON

CHAIRMEN

14.15 - 14.40

14.40 - 15.05

15.05 - 15.30

15.30 - 15.55

15.55 - 16.25

**PRO CON: SEEKING THE GOLD
STANDARD: IS THERE AN ALTERNATIVE
TO EPIDURAL BLOCK?**

JUAN PABLO CATA, DARIO BUGADA

JUAN FRANCISCO ASENJO
Paravertebral block

JUAN PABLO CATA
TAP block

PATRICIA LAVAND'HOMME
Intrawound catheter infusion

WILLIAM URMEY
Peripheral nerve blocks

JOSÉ DE ANDRÉS
Regional anesthesia and analgesia and mortality.
Is this the real important outcome?

POSTER DISCUSSION

**JUAN PABLO CATA, MANUELA DE GREGORI
PAOLO GROSSI**

**MICHAEL R. CLARK, JOSÉ DE ANDRÉS
CRISTINA E. MINELLA**

16.30 - 17.30

MODERATORS

Poster 1-12

Poster 13-23

FRIDAY 22 MARCH 2013

OPENING CEREMONY

AUTHORITIES WELCOME

LECTIO MAGISTRALIS

FERNANDO CERVERO

IASP President

Pain: friend or foe? A Neurobiologic perspective

MARC HUNTOON

*Editor-In-Chief for Regional Anesthesia
and Pain Medicine journal*

Medical Publishing in Pain: Future Directions

PHILIP PENG

*Associate Professor Department of Anesthesia,
Toronto Western Hospital, University Health Network,
University of Toronto, Ontario, Canada*

Ultrasound and chronic pain: a new era?

17.30 – 18.00

18.00 – 19.30

19.30 – 20.30

WELCOME COCKTAIL

FRIDAY 22 MARCH 2013
WORKSHOP DAY INFERMIERI

**IL FUTURO DELLA PROFESSIONE
INFERMIERISTICA NELLA
GESTIONE DEL DOLORE**

SALUTO AUTORITÀ

ANNA MARIA MASSARA, ENRICO FRISONE
CRISTINA ARRIGONI

MATTINA

MODERATORI

9.30-10.00

GIUSEPPE MENTEGARI, ATTILIO QUAINI

ANDREA BELLINGERI

Valutazione del dolore nei pazienti con lesioni cutanee

10.00-10.30

GIUSEPPINA ANELLI

Metodi e strumenti per il monitoraggio del dolore

10.30-11.00

SABINA GULINO

Monitorare il dolore nel paziente critico in rianimazione:
documentare il quinto parametro vitale

11.00

COFFEE BREAK SESSION

11.30-12.00

MODERATORI

GIUSEPPINA GRUGNETTI,
ANNA MARIA GRUGNETTI, ATTILIO QUAINI

GIUSEPPE MENTEGARI

Somministrare la terapia antalgica

12.00-12.30

EUGENIA PELLEGRINO

Il processo di valutazione del problema dolore nell'anziano

12.30-13.00

ANTONIO MONTELEONE

Il triage infermieristico in emergenza e in calamità
naturale: valutazione del dolore

13.00

LUNCH SESSION

TARDA MATTINATA

MODERATORI

14.00-14.30

EUGENIA PELLEGRINO, GIUSEPPE MENTEGARI

ANNA MARIA GRUGNETTI

La letteratura scientifica e il dolore in ambito infermieristico

14.30-15.15

VALENTINA CASERIO

La neuropsicologia del dolore

15.15-16.00

DIEGO E. LICCIONE

Aspetti fenomenologici dell'ansia e della depressione nel dolore

16.00-16.30

EUGENIA PELLEGRINO

Una proposta di studio multicentrico



**FROM BENCH TO BEDSIDE
PAIN: NEW PERSPECTIVES**

MORNING

CHAIRMEN

9.15 - 9.45

FERNANDO CERVERO, MASSIMO ALLEGRI

ANTONELLO BONCI

Optogenetic to understand pain

9.45 - 10.15

MICHELE CURATOLO

Altered central pain processing: current status of translational research

10.15 - 10.45

ENNIO TASCIOTTI

Treating pain: a task force of engineers and anesthesiologists – nanotechnologies!

10.45

DISCUSSION

11.00 - 11.30

COFFEE BREAK SESSION

NOEMI VICCHIO, VALERIA MOSSETTI

Pediatric Anesthesiology and Intensive Care, A.O. Città della Salute e della Scienza, Torino, Italy.

Lidocaine and tetracaine patch: a new drug for procedural pain in children



**ACUTE PAIN: A BETTER UNDERSTANDING
FOR A COMPREHENSIVE MANAGEMENT**

ANDREA FANELLI, JOSÉ DE ANDRÉS

MARGARITA PUIG

Posotoperative Latent Pain Sensitisation

12.00 - 12.30

EDWARD MARIANO

How we can prolong at home postoperative analgesia

12.30 - 13.00

MARK SCHUMACHER

Mechanisms of chronification of acute into chronic pain

13.00 - 14.15

LUNCH SESSION

LORENZO COBIANCHI

Surgeon, Fondazione IRCCS Policlinico San Matteo Pavia, Italy

Respiratory compromise: a new device for a better postoperative monitoring

FEDERICA JANEKE

Biomedical Engineer, European Product Director, Covidien

Can a single sensor make the difference?



COVIDIEN

positive results for life®

**CHRONIC PAIN: HOT TOPICS OF
A CHALLENGING PROBLEM AFTERNOON**

AFTERNOON

CHAIRMEN

14.15 - 14.45

FRANCISCO J. ASENJO, ROBERT B. RAFFA

MASSIMO FINI

Pain in the elderly

14.45 - 15.15

MICHAEL R. CLARK

Centrally acting drugs and dependence circuits: clinical point of view

15.15

DISCUSSION

LATE AFTERNOON

CHAIRMEN

15.30 - 15.45

FRANCISCO J. ASENJO, PAOLO GROSSI

HONORIO BENZON

Steroids injections in chronic spinal pain: indications, effectiveness and safety

15.45 - 16.00

JOSÉ DE ANDRÉS

Possibility of particulated steroids injection for selective root blocks in the cervical and lumbar regions: Anatomical study

16.15

WINNER OF YOUNG RESEARCHER

ROBIN CHRISTENSEN

The Parker Institute, Department of Rheumatology, Copenhagen University Hospital, Frederiksberg, Copenhagen F, Denmark

Survival on controlled-release (CR) Morphine versus CR Oxycodone in Opioid-naïve patients with non-malignant pain: data from danish national health registers



GENERAL INFORMATION

CONGRESS VENUE

Università degli Studi di Pavia

REGISTRATION FEE

MEDICAL DOCTORS

Only Plenary Session

€ 290,00

Plenary Session + 1 Workshop

€ 470,00

RESIDENTS Free

REGISTRATION FEE

Scientific program, Proceedings in "Minerva Anestesiologica", Welcome cocktail, Congress Bags, Coffee Breaks and Lunches.

CONGRESS WEBSITE

www.simpar.it

CME ACCREDITATION

5th SIMPAR Meeting - Acute and Chronic Pain. Where we are and where we have to go. From "bench to bedside" was granted 10 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

The EACCME is an institution of the European Union of Medical Specialists (UEMS): www.uems.net

EACCME credits are recognized by the American Medical Association towards the Physician's Recognition Award (PRA). To convert EACCME credit to AMA PRA Category 1 Credit™, contact the AMA or download the application for credit conversion at:

www.ama-assn.org/resources/doc/cme/eaccme_creditfrm.pdf

Royal College of Physicians and Surgeons of Canada The UEMS/EACCME has agreements based on the mutual recognition of credit points with the Royal College of Physicians and Surgeons of Canada for live educational events. You may submit your CME certificate directly for credit recognition of this accredited group learning activity (section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. For more information, visit:

www.royalcollege.ca

CME ACCREDITATION JUST FOR ITALIANS

Medical Doctors: 9 credits

Nurses: 4 credits

Psicologists: 4 credits

GENERAL INFORMATION

CLIMATE

March weather is notoriously capricious. However, days are getting longer and March 21st officially marks the start of spring and it's not uncommon for late March weather to be warm and sunny. Temperature in March in Pavia are 20° max - 5°C min..

HOW TO REACH PAVIA

Pavia is a small town located in North Italy, 30 kms south of Milan. It is situated on the railway connecting Milano to Genova and very close to the highways connecting Milano to Genova (A7) and Torino to Piacenza (A21).

By plane

You can fly to one of Milan's three airports: Linate (50 km from Pavia), Malpensa (90 km from Pavia) or Orio al Serio (70 km from Pavia). If you arrive to Linate airport, the cheapest and easiest way to reach Pavia is to take one of the direct shuttle buses. It takes 60 minutes. Look at the Timetable on

<http://www.migliavaccabus.it/index.php/collegamenti-aeroporti>

Look for MIGLIAVACCA buses platform (arrivals — exit no 7).

You can buy the ticket on the bus. Alternatively, you can take a bus to Milan's central railway station (Stazione Centrale) or a taxi, which is however an expensive choice. Both alternatives will take about 30 min. From Milan's central railway station, you can take a train to Pavia. The Milan-Pavia train ride takes 30-40 min.

(<http://www.trenitalia.it>) If you arrive at Malpensa airport, you can take a train (<http://www.malpensaexpress.it>) that leaves every 30 minutes to Cadorna station in Milan (duration: 40 min).

Cadorna station in Milan is on the same underground line as the Milan central station (green line).

From Milan's central railway station you can take a train to Pavia. You can also take a Shuttle Bus to the Central Railway Station. Tickets can be bought in the Airporthall near the exits to the bus lines. (<http://www.malpensashuttle.it/>) Taxis (an expensive option) are also available from Malpensa to Milan's central station. If you arrive at Orio al Serio airport, you can take one of the 25 daily runs from 8.30 am to 12.30 pm direct to Milan's central railway station. From Milan's central station, you can take a train to Pavia. The Milan-Pavia train ride takes 30-40 minutes (<http://www.trenitalia.it>).



GENERAL INFORMATION

By train

Most European cities are connected to Milan's central railway station by direct trains. You can take a train from Milan's central station directly to Pavia (direction to Genova). The train ride from Milan to Pavia takes about 30-40 minutes. (<http://www.trenitalia>) for timetables and also to purchase tickets.

By car

You can take motorway A7 (pay toll), exiting at Bereguardo (Pavia North). You will find yourself on a free motorway that will take you straight to Pavia (10 km from Bereguardo). Follow the signs to Pavia centro / stazione and then for the University. A detailed map of Pavia is available here:

<http://www.comune.pv.it/cartine/mappa.htm>

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www.fedracongressi.com

ORGANIZING
SECRETARIAT

Congresso Nazionale Congiunto 2013



SAVE THE DATE

REGGIO CALABRIA

Presidente Francesco Amato

ALTAFIUMARA
HOTEL

3-5 OTTOBRE 2013

 **Φεδρα**
Meetings & Events

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